



Superwoman Pole Dancing School is very excited to re-open and welcome all of our students back. We are also committed to ensuring the studio is as safe as it can be for everyone.

These guidelines, and our class timetable, will be reviewed and updated to reflect changes to Government guidance as it happens, or weekly, whichever is sooner.

If you have any questions, concerns or suggestions, please contact superwomanclasses@gmail.com

COVID-19 Guidelines for Group and Private Classes, and Private Parties

In addition to, or replacing current Policies where applicable, the following guidelines apply:

- One student maximum per pole (maximum of 4 students per class).
- All classes will be mixed ability until further notice.
- Social distancing guidelines will apply at all times. Please maintain distance of at least 1 Metre+ between yourself and all other attendees, including upon studio entry and exit. Temporary floor markings in the studio are there to help you to do this.
- Due to social distancing guidelines, the Instructor will be unable to physically support you during classes. Please ensure that you train with care, caution and within your personal limits. Crash mats are available upon request (and Superwoman Pole Dancing School encourages the use of them).
- Before and after each class, the studio and all surfaces, including the poles, toilet facilities, door handles, etc, will be cleaned and sanitized by the Instructor. We will be using a specific disinfectant for the poles that does not affect grip.
- If you use the toilet facilities, once you have washed your hands, please spray/wipe down all services you have been in contact with. Please note that cleaning items will be clearly marked for their purpose.
- If you experience symptoms of Coronavirus (COVID-19), including:
 - A high temperature
 - A new, continuous cough
 - Loss of sense of smell/taste

Please self isolate, inform superwomanclasses@gmail.com and do not attend classes for at least 14 days/until a 'Negative' result is achieved from an NHS COVID-19 Test. This also applies if a member of your household/social bubble has symptoms or if you have been identified by NHS Test & Trace as 'a close contact' and advised to isolate at home.

- Please note the information provided when booking classes, including your name and contact details, will now also be used to assist with NHS Test & Trace where required. Please ensure your contact information is up to date and correct.
- Please sanitise your hands, using the sanitiser provided, upon studio entry and exit. Superwoman Pole Dancing School also encourages students to wash their hands more often than usual, including before and after class and before and after using the toilet/washroom facilities.
- There are currently no refreshments or chalk provided at the studio. Chalk is available to purchase or you are welcome to bring your own - please do not share chalk or other equipment with other students.
- Changing facilities are not currently available at the studio. Please arrive and leave the studio wearing the clothing intended for your class. To minimise tripping hazards, please only bring equipment required for the class e.g. water bottle and chalk.

- Please do not bring towels to class. We will instead be offering paper towel. Please dispose of the paper towel as soon as you have used it, and wash your hands.
- We are currently not allowing spectators, children to attend. Anyone without a booking confirmation email and/or on the Instructor's attendance list will not be permitted entry to the studio.
- Separate, additional guidelines apply for private studio hire. Please email superwomanclasses@gmail.com if you would like a copy of these.

Updates to our Cancellation Policy

The following cancellation policy will apply from 25th July 2020 and replace our existing policy, where relevant:

- If you are unable to attend a group class or private class, party or hire, for any reason, please email superwomanclasses@gmail.com
- Where at least 24 hours notice is provided by a student for a group class - or 48 hours notice for a private class, party or hire- classes booked can be rescheduled to a future date. No refunds are available. If you provide us with less than the required 24/48 hours notice, you are not entitled to a refund or cancellation, but we will treat requests on a case-by-case basis.
- If Superwoman Pole Dancing School is required to close the studio and cancel group classes or private classes, parties or hire due to Government Guidance, we will inform students via the email address associated with their booking as soon as is reasonably possible. It is students' responsibility to ensure these email addresses are correct and up to date. Class credits equal to the amount of classes cancelled will be applied to Students' booking accounts, and have no expiry date.
- If a Superwoman Pole Dancing School Instructor is unable to teach group classes or private classes or parties, due to being advised to self-isolate, and a replacement Instructor is not available, the class will be cancelled and we will inform students via the email address associated with their booking as soon as is reasonably possible. It is students' responsibility to ensure these email addresses are correct and up to date. Class credits equal to the amount of classes cancelled will be applied to Students' booking accounts, and have no expiry date. Students would be entitled to request a refund equal to the class/private class or party cost as an alternative in this circumstance.